



**Train Walk Poop**  
*Pet Services*

A photograph of a man with short blonde hair and a beard, wearing a blue and white checkered shirt, smiling. He is holding a black dog with large, upright ears. The background is a plain, light grey.

# **5 Dangerous Mistakes** **Dog Owners** **Make Daily**

**And What To Do Instead**

## **Legal Disclaimer**

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Hi, I'm Ryan Gwilliam, the founder of Train Walk Poop, a dog training & boarding center in Salt Lake City, UT.

I created "5 Dangerous Mistakes Dog Owners Make Daily" because I know how challenging it can be to train your dog. With the right approach, you can teach your dog to be a good citizen and the perfect companion!

Imagine not saying a word to your dog because they already know what's expected and they do it without asking. Imagine your dog actively thinking about what you would like them to do next!

Dogs are capable of this. Yes, even your dog!

Through our training process, we see problem behaviors simply melt away. These behaviors include leash reactivity, nuisance barking, pulling on the leash, hyperactivity, separation anxiety, and even socialization issues.

Instead of interrupting you or distracting you every 30 seconds your dog will begin to happily follow your lead. They will enjoy tagging along with you and doing whatever you have planned for the day. In short, they will become the companion you hoped for when you first laid eyes on each other.

With this guide you will be able to identify and avoid critical mistakes most dog owners never become consciously aware of.

Without it, you'll continue to struggle by doing things that are actually making your dog's behavior worse. Unfortunately, these mistakes have the potential to damage the bond you have together.

*Avoid wasting the few precious years you have with your dog being frustrated. You both deserve to enjoy each and*

*every day. To do that, we have to get you both on the same page, and this guide can help you do just that!*

“I know these mistakes like the back of my hand because I made ALL of them with my first dog. I’m thrilled I can help you avoid them!”

### **1. Thinking Your Dog Needs More Exercise**

Has your dog ever been restless or hyperactive, and you thought for sure they needed more exercise? I think we all have! You probably took your dog on a long walk, to the dog park, played tug, or fetch in hopes of wearing them out.

This is actually counterproductive. In fact, many dogs become even more restless and agitated after excessive exercise. This is because, like an adrenalized toddler, they can get pretty hyper right before they crash. Many dogs who come to us for training are running on adrenaline and part of what they need is sleep training!

Your dog should be sleeping around 18 hours per day. Most disobedient dogs I’ve met are getting far less because they are on constant alert. One of the first things we do when a dog comes in for training is get them on a regular sleep schedule, and it really speeds up the training process.

## **2. Saying, “My Dog Knows Better”**

It's important to understand that when a dog misbehaves, it's not because they are being disobedient on purpose. Instead, it's often because they don't understand what is expected of them.

Take pulling on the leash for example. It's easy to feel your dog should know better because you've pulled back on the leash so many times they must know you want them to do the opposite. In reality, your dog is so excited by all the awesome smells outside that they aren't processing what is going on with the leash.

Believe it or not, unless we get your dog in a quiet, boring room and focus on teaching them exactly what to do when they feel tension in the leash they will pull you down the street for the rest of their lives.

## **3. Giving Your Dog Too Much Freedom Too Soon**

This is the mistake I see the most! Many pet owners want to give their dogs freedom and independence, but it's important to do so in a responsible and gradual manner. Giving your dog too much freedom too soon can lead to a variety of issues, including destructive behavior, disobedience, and even safety risks. When a dog is given too much freedom too soon, they don't understand what is expected of them. When they get in trouble they often don't know why, they just know their human is upset.

You must gradually open your home, your yard, and the outside world to your dog. There are a variety of steps that need to be followed to do this, and it absolutely must be done over a period of several weeks.

#### **4. Ignoring Early Warning Signs**

Dogs are creatures of habit, and early signs of poor behavior can become ingrained over time if not addressed properly. Some common early warning signs of problem behaviors in dogs include excessive barking, growling, biting, chewing things up, and being snippy with other dogs or people.

Ignoring these warning signs can hurt the bond you have. Your dog is frustrated by something, on top of that they sense your frustration, and this leads to a negative feedback loop that can spiral quickly.

The sooner you figure out the true cause of your dog's issues the sooner you can start fixing them! Instead you'll notice a positive feedback loop forming in your relationship; training results come at you fast when this happens!

#### **5. Not Using Play As A Training Tool**

Play is mother nature's behavior training software. It has been downloaded into every human and dog!

Play can be used to provide mental and physical enrichment for your dog. Your dog needs both to stay healthy and happy. You can incorporate play into your dog's daily routine which will strengthen your dog's desire to follow your lead and commands.

In our dog training programs we show you how to train your dog right the first time. We turn daily interactions into a fun game that you'll both love to play.

#### **DO THIS NEXT TO TURBOCHARGE YOUR RESULTS**

You are in possession of a guide that can save you months of frustration. But unless you take action with this guide, it'll remain an underutilized tool that sits on your hard drive. It's like having the keys to your dream car and keeping it parked in the garage!

So, you have two choices. You can keep doing what you have been doing and get the same results. Or you can get a customized training program for your dog, giving you a step-by-step process to follow for success.

During the consultation call, we will help you select the perfect training program based on your dog's age and your training goals.

Once your training program is booked, you will get immediate access to training videos and vital tips you can implement today. We want you to start seeing results now even before your dog's first day of training with us!

Click here to tell us about your dog → <https://trainwalkpoop.com>

**SCAN TO LISTEN TO THIS AS  
AN AUDIO BOOK**

